

# OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b>	<b>1 Breakfast</b>	<b>2 Breakfast</b>	<b>3 Breakfast</b>	<b>4 Breakfast</b>	<b>5 Breakfast</b>	<b>6</b>
	Cream Cheese, Mini Bagels, and Fruit	Cheese Grits, English Muffin w/jelly, and Fruit	Breakfast Pizza, sausage, egg, cheese, and Fruit	Turkey Sausage, Biscuit, Jelly, and Fruit	Pancakes, and Fruit	
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	
	Mac & Cheese, Baby Carrots w/Hummus, Green Beans & Fruit	Chicken Broccoli Bowl, California Blend, and Applesauce	Cheese Pizza, Tossed Salad, Sweet Potatoes & Pears in Jell-O	Beef Soft Taco w/Rice, Corn Fiesta, and Oranges	Turkey Hotdog on a Bun, Baked Beans, and Peaches	
<b>7</b>	<b>8 Breakfast</b>	<b>9 Breakfast</b>	<b>10 Breakfast</b>	<b>11 Breakfast</b>	<b>12</b>	<b>13</b>
	Egg & Cheese Mini Croissant and Fruit	Grits w/Cheese, English Muffin w/jelly, & Fruit	Hashbrown Casserole, Graham Pack, and Fruit	Sausage Gravy Biscuit and Fruit	NO SCHOOL	
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>		
	BBQ Chicken Sandwich, Baked Beans, Broccoli, & Grapes	Sweet Thai Drumsticks, Brown Rice, Broccoli, Red Pepper Sticks & Hummus, & Apples	Ziti & Meat Sauce, Green Beans, WG Roll, and Fresh Banana	Chicken Taco Salad, w/Salsa & WG Tortilla Chips, and Mandarin Oranges		
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>FALL BREAK - NO SCHOOL</b>						
<b>21</b>	<b>22 Breakfast</b>	<b>23 Breakfast</b>	<b>24 Breakfast</b>	<b>25 Breakfast</b>	<b>26 Breakfast</b>	<b>27</b>
	Cream Cheese Mini Bagels and Fruit	Grits w/Cheese, English Muffin w/jelly, and Fruit	Breakfast Pizza, sausage, egg, cheese, and Fruit	Turkey Sausage, Biscuit, Jelly, and Fruit	WG Cereal, Muffin, and Fruit	
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	
	Chicken Philly, Mixed Vegetables, and Baked Apples	Teriyaki Chicken w/ Vegetable Fried Rice, Salad, and Oranges	Baked Spaghetti Casserole, Sweet Corn, WG Roll, & Sliced Apples	Beef Mac Taco Bake, White Beans, Tossed Salad, & Oranges	Potato Cheddar Soup, Garlic Bread, Pesto Pasta Salad, and Grapes	
<b>28</b>	<b>29 Breakfast</b>	<b>30 Breakfast</b>	<b>31 Breakfast</b>	<b>1 Breakfast</b>	<b>2 Breakfast</b>	<b>3</b>
	Egg & Cheese Mini Croissant	Cheese Grits, English Muffin w/jelly, & Fruit	Hashbrown Casserole Graham Pack, & Fruit	Sausage, Gravy Biscuit and Fruit	French Toast Sticks and Fruit	
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	
	Hamburger on a Bun, Sweet Potato Puffs, and Baked Beans	Sweet Sesame Chicken Stir Fry w/Brown Rice, Casserole, and Oranges	Cheese Pizza, Salad w/Cherry Tomatoes, & Pears	Chicken Taco, Cowboy Corn Salad, Tortilla Scoop, & Peaches	Chicken Nuggets, /WG Roll, Green Beans w/Carrots, & Pineapple	